

What is the Thrive Approach?

We know that children learn best in school when they are happy and settled. At Brockhampton we are using the Thrive Approach to help us develop our pupils' emotional and social well-being. Thrive helps us to check children's readiness to learn, to identify any gaps and then plan to meet them. Through doing so, we will be able to make sure that all of our pupils have what they need to make the best possible progress in their learning. Thrive provides cutting edge research regarding how a child's brain develops and the sort of learning and relationships that children need in order to be the very best version of themselves. What we know is that the quality of relationships can help to build a healthy brain for a child. This enables access to learning and the most fulfilling life.



“The Thrive Approach believes that every child needs to feel that they belong, that they matter and that they are valued for their unique qualities.”



How do we use Thrive at Brockhampton?

Our Thrive curriculum is for **all** students. Thrive is a way of assessing and supporting children's emotional and social development, which can then be used to provide personalised programmes for classes, groups and individuals. All class teachers use a tool called Thrive-Online to screen their classes. The results will help them to plan their social and emotional curriculum and teaching will be adapted to best meet the needs that are indicated. Strategies and activities are suggested which can be built into lessons and form time in addition to weekly Thrive sessions in the classroom. We also use Thrive to work one to one with children where it is needed.

- Positive relationships are at the heart of Thrive. We will use these relationships, together with play and creative activities, to give children key experiences at each different stage of their development.
- Thrive teaches the understanding of children's behavior as communication, improves learning skills and leads to greater attainment.
- It promotes resilience, self-awareness and empathy.
- It leads to better relationships at home and in school.

School is a very special time in all children's lives.

Children come to school to learn and those with a strong sense of well being, are more able to make the most of the opportunities available to them.

