

## Residential Kit List

**Here is a specific Kit list that you may like to use to check against when packing for residential:**

### Day 1:

- A packed lunch in a disposable bag.
- A water bottle to use for the duration of the time at residential

### What you MUST bring

- Sleeping bag & pillow
- Bed sheet**
- Toiletries including toothpaste, toothbrush, roll-on deodorant, (if required – not aerosol). All preferably in a named wash-bag.
- Towel
- Torch and spare batteries.**
- Plastic bag for dirty clothes (black bin bag)
- Pyjamas
- Socks / underwear (we advise bringing 2 pairs of socks for each day)
- Two or three sets of activity clothes (check weather)
- Sweatshirt or similar
- Two Fleeces/warm jumpers
- Two pairs of trainers
- Sturdy walking boots
- One set of indoor shoes (slipper, crocs etc.)
- Warm coat
- Waterproofs including waterproof trousers
- Woolly hat & gloves
- Named water bottle
- Sun cream

### What NOT to bring

- Sweets and snacks (no food allowed in dorms)
- Mobile phones, tablets, electronic games consoles etc.
- Jewellery

### Activities

*The children will be split into 4 groups and at some point during their time at residential, will take part in the following activities:*

- Orienteering
- Archery
- Nightline and maze
- High-level ropes
- Low-level ropes
- Quad pole
- Night walk
- Problem solving
- Zip wire
- Hide and seek
- Rock climbing

### **Meal times**

*There is a variety of food that the children can choose from on each day.*

#### Breakfast:

Hot and cold buffet with selection of fruit, cereals, yogurts and your generic English breakfast products.

Sometimes they have the opportunity to have pancakes.

#### Lunch:

Children make their lunches themselves and get to choose from a range of products what they would like for lunch.

#### Dinner:

Children are asked in the morning what they would like for dinner from the options given to them on the morning. There is always a jacket potato option and food will differ every day.

Children always a choice of pudding too!

#### Snacks:

Class teachers will provide some snacks for children to eat so please do not pack your children with additional snacks at bedtime.